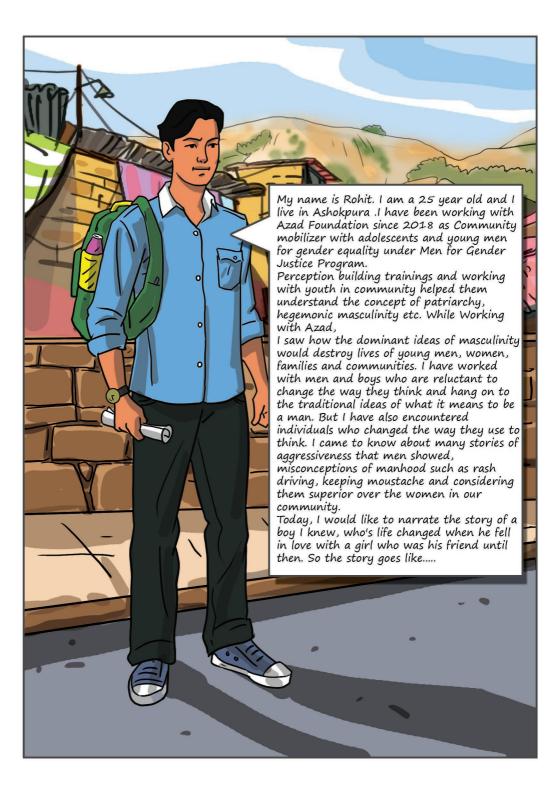


CHOICE OF MANHOOD...

Hegemonic masculinity









Sunil

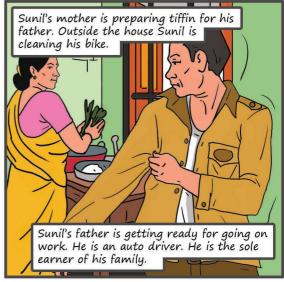
Sujata

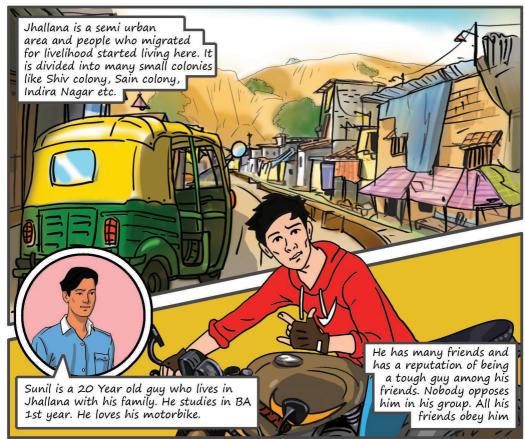


The story 'Choice of manhood' is about an incident that happened in Jhallana area between a girl and boy. They are neighbors and study in the same college. Sunil develops a liking for his friend Sujata, but Sujata doesn't seem to have the same feelings for Sunil.

How does Sunil navigate this apparent rejection? What advices from his peer group guide his actions? This story will explore how the ideas of what it means to be a real man effects the lives of men and the people around them.











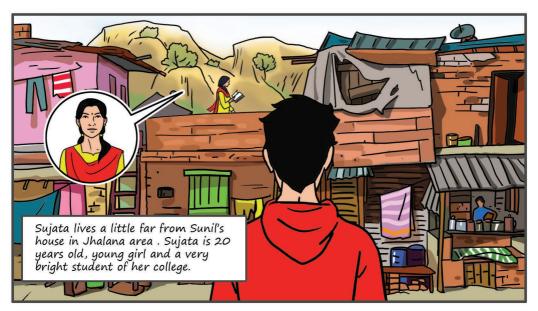


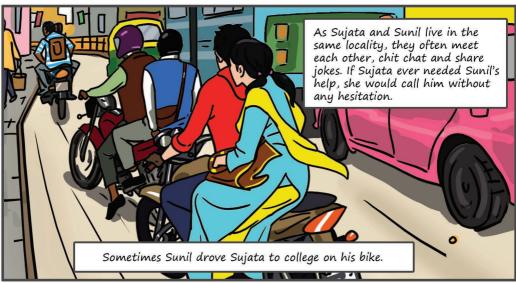






































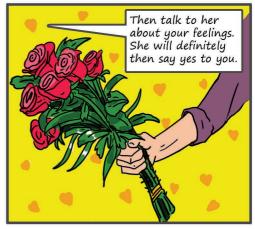












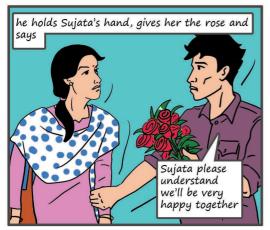






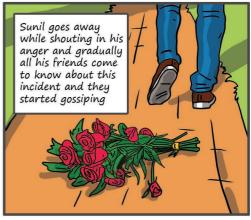






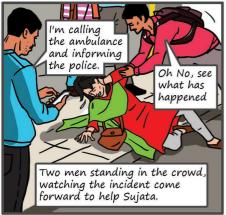


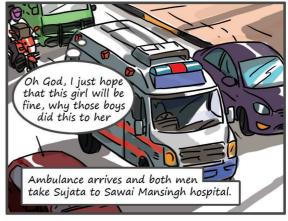














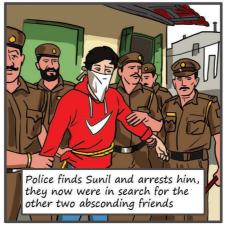










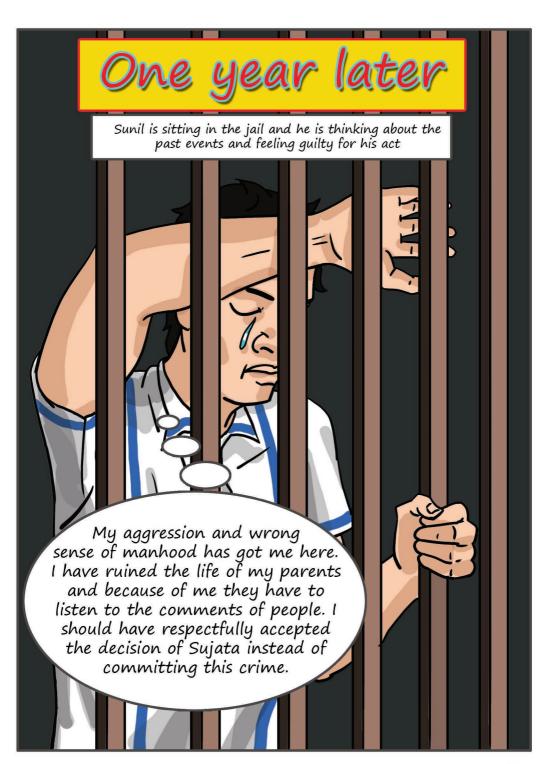














Debriefing note:

There are various socially constructed definitions of what it means to be a man, and these definitions change over time and from place to place. 'Masculinities' is used to describe these various social constructs of what it means to be a man. Generally, most of these notions promote, reward and encourage men for being aggressive, controlling over women, taking unnecessary risks and a host of other unhealthy behaviors. Such notions mean that men grow up feeling entitled to being served and obeyed. While this may not seem like something that should worry men, but Sunil's story is an example of how it can destroy the lives of men and the people around them. Notions of masculinities are often created by films and popular culture. We grow up listening to music, films and learn a lot from them. Unfortunately, many of the toxic definitions of being a man are also something we internalize from the movies we watch and the content we consume over years. Imagine if movies did not glorify stalking as true love, don't you think Sunil could have acted differently? It is surprisingly common, that most of the actions, interests and inclinations of adolescent Boys are shaped by their understanding of what it means to be a man. Young boys grow up wanting to leave an impression of being intimidating and powerful. Showing weakness, being vulnerable or being kind are not seen as the traits of a

There are a lot of lessons that we can learn from Sunil's story. Sunil tries to earn the respect of his friends by appearing intimidating. He treats them like trash and smokes cigarettes to look cool in front of them. Sunil's ego is hurt when he gets to know that Sujata doesn't love him back. Sunil cannot handle rejection and he resorts to violence to take revenge. All this while, his friends enable his behavior. From Sunil's story, we can learn that the ability to accept and move on from rejection is a quality that good men should have. Sunil feels hurt by Sujata's rejection and makes her uncomfortable by proposing to her multiple times.

We should respect the decisionsand choices of women and girls. It is a common myth that a girl's no means yes (ladki ki naa main haanhotihai'). Well, it's time to dump that, and all other regressive thoughts along with it. This is an example of stalking and harassment, and not 'true love' as many movies may portray it to be. Being a good man is therefore about being kind to others. It is about respecting the decisions and choices of women. A good man should use his courage to stand up and confront people like Sunil instead of enabling their behavior. A good man should be comfortable talking about their problems and seeking help from people, rather than always trying to appear strong and intimidating. Take a moment and reflect on how you would do things differently than Sunil or his friends if you were in their place?

Young men receive many harmful, sometimes contradictory messages on what it means to "be a man." If young men don't conform to these messages of masculinity, that does not mean they are "less than" or not good enough. Young men can and should work to redefine more positive and more inclusive forms of masculinity. Hegemonic and Toxic masculinity is not just a men's issue, its consequences are pervasive and affect everyone, including girls and women. Boys and men should make choices about their behavior that can either perpetuate a culture of toxic masculinity or disrupt it.



About Azad Foundation:

We are a professional feminist organization working across social and religious divides to enable resource Poor women to themselves by engaging them in viable non-traditional livelihood options.

We are committed to breaking patriarchal boundaries and structures so that the women can exercise control over their lives and live a life of dignity.

We do this through transformative capacity building programs around the self and the skills needed for NTL, based on adult learning principles.We engage with both men and women in their communities so that both can construct a safe and supportive space for their development.

About the project :

Azad Foundation believes that engaging with young men. It is an integral part of the process for empowerment of women on their journey to access non-traditional livelihoods with dignity and reclaim control over their own lives.

Men for Gender Justice is a program of Azad foundation, work with young men and boys towards enabling them to build their Perspectives on patriarchy, gender based violence, masculinities facilitate men to change their behavior for gender justice and support women to pursue non-traditional livelihoods with dignity. Engagement of Men in unpaid care work also enable women to work outside home and dedicate more time to education and income generation activities.

Azad Foundation engages with young boys between age of 14–20 by organizing them through community youth clubs, street plays, campaigns and sports sessions. Azad's approach of peer groups helps support each other to take action against gender based discrimination in family and community.

My commitment / Action for Gender Equality

Individual/family level

1
2
3
Community level:
1
2



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